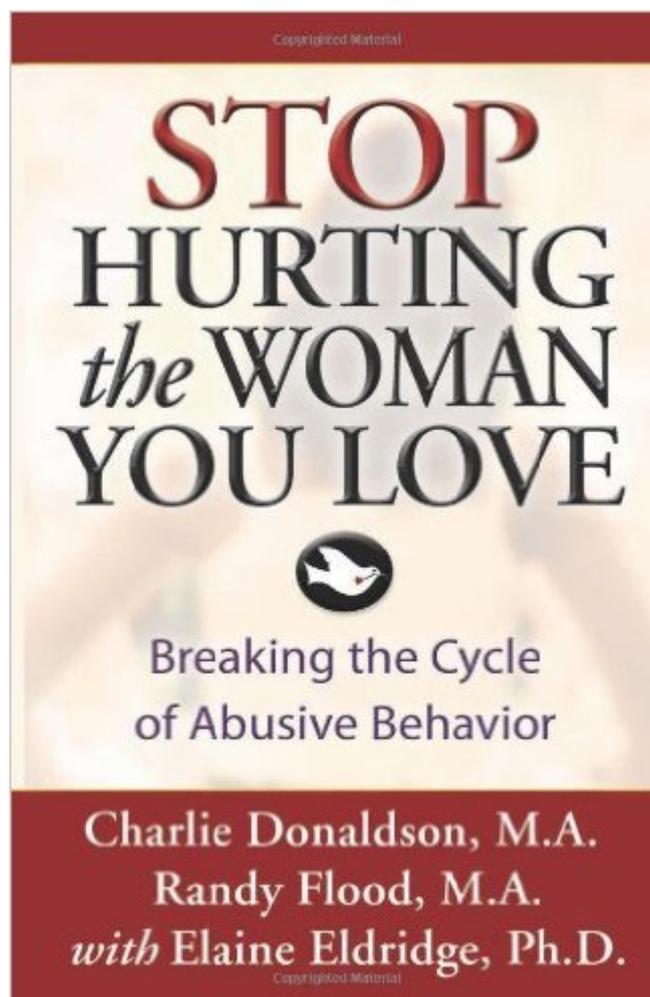


The book was found

Stop Hurting The Woman You Love: Breaking The Cycle Of Abusive Behavior



Synopsis

End the cycle of abuse - for good. Authors Charlie Donaldson, Randy Flood and Elaine Eldridge uncover a proven action plan that violent men can use to change their behavior. Filled with insightful questionnaires and actual case histories, the essential how-to book *Stop Hurting the Woman You Love*, will help end abusive patterns in favor of healthier, happier relationships.

Book Information

Paperback: 224 pages

Publisher: Hazelden (February 9, 2006)

Language: English

ISBN-10: 1592853544

ISBN-13: 978-1592853540

Product Dimensions: 0.5 x 5.5 x 8.5 inches

Shipping Weight: 10.4 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars [See all reviews](#) (19 customer reviews)

Best Sellers Rank: #68,371 in Books (See Top 100 in Books) #35 in [Books > Parenting & Relationships > Family Relationships > Abuse > Partner Abuse](#) #134 in [Books > Self-Help > Abuse](#) #161 in [Books > Parenting & Relationships > Family Relationships > Conflict Resolution](#)

Customer Reviews

It's pretty obvious that someone who thinks it's all right to push and slap women, order women around like a drill sergeant does, and expect complete obedience isn't going to be a candidate for any self-help book to develop a better relationship. But some men who behave that way are shocked when their girl friend or wife leaves, calls the police, and begins legal proceedings . . . and those men want to restore the relationship, even if it means they have to change. If such a man is willing to enter a group that works on overcoming those behaviors and the attitudes that lie behind them, *Stop Hurting the Woman You Love* can be a very helpful resource. Mr. Donaldson and Mr. Flood have considerable experience in assisting men to make this kind of transition through their work as directors of the Men's Resource Centers in Holland and Grand Rapids, Michigan. Most of the men they see are sent to the centers by a court after having been found to be criminally abusive. From that background, the authors create some fictional types that represent the kinds of men who become abusers. I recognized several of the types among men I know who have abused their wives. They then do a fine job of explaining how these men see what's going on . . . and how those faulty views of reality get the men (and the women they love) into trouble. This material is

presented in straightforward language, and I doubt if anyone will find a confusing message anywhere in the book. Once having looked at abusers, the reader is invited to find out about himself through a self-assessment built from attitudes and behaviors. You are then guided to identify your primary style of interacting with women and your family.

[Download to continue reading...](#)

Stop Hurting the Woman You Love: Breaking the Cycle of Abusive Behavior Why Do Christians Shoot Their Wounded?: Helping (Not Hurting) Those with Emotional Difficulties (Not Hurting Those With Emotional Difficulties) The Emotionally Abusive Relationship: How to Stop Being Abused and How to Stop Abusing Stop Smoking: Now!! Stop Smoking the Easy Way!: Bonus Chapter on the electronic cigarette! (Quit Smoking, Stop Smoking, Blood Pressure, Heart Disease, Lung Cancer, Smoking, Stop) Change Your Habits Change Your Life: Break Your Bad Habits, Break Your Addictions And Live A Better Life (Change Your Life, Stop Smoking, Stop Drinking, Stop Gambling, Stop Overeating) Emotional Abuse Breakthrough: How to Speak Up, Set Boundaries, and Break the Cycle of Manipulation and Control with Your Abusive Partner Words Are Not for Hurting (Board Book) (Best Behavior Series) Words Are Not for Hurting (Ages 4-7) (Best Behavior Series) Your Government Failed You: Breaking the Cycle of National Security Disasters The Verbally Abusive Man, Can He Change?: A Woman's Guide to Deciding Whether to Stay or Go El Ciclo De Vida De La Rana/Life cycle of a frog (Ciclo De Vida / the Life Cycle) (Spanish Edition) Stop Drinking Now: The Easy Way To Stop Drinking (I Need To Stop Drinking) Stop Smoking: Stop Smoking Fast: 15 Steps to Stop Smoking: A Proven Step-by-Step Guide to Naturally Quit Smoking Cigarettes for Life (Quit Smoking Method) Being There: How to Love Those Who Are Hurting Total Recovery: Breaking the Cycle of Chronic Pain and Depression Breaking the Headache Cycle: A Proven Program for Treating and Preventing Recurring Headaches Dropping the Baby and Other Scary Thoughts: Breaking the Cycle of Unwanted Thoughts in Motherhood Breaking the Cycle: Free Yourself from Sex Addiction, Porn Obsession, and Shame OVERCOMER: Breaking The Cycle Of Abuse Invisible Wounds: Hope While You're Hurting

[Dmca](#)